



Shining a Light on Broadmead

Vol. 44, No. 10

Broadmead, Cockeysville, MD

June 2023

What to expect from the grounds team

By Pat van den Beemt

Ask Broadmead residents what enticed them to live here, and many will mention the green campus. While the trees, flowers and landscaping are thriving this summer, the way the grounds are managed has changed during the past year. Grounds manager Linnette Kanitz, who left in September to become a teacher, has not yet been replaced.

"We have not found a good candidate who remotely meets our needs," said Joyce Malone, vice president of facility services. "We haven't found anyone whom we believe would be a benefit to us at Broadmead, with the strong horticulture background we are looking for."

Under the direction of Jesse Russell, senior director of facility services, both Tim Wolf, grounds team lead, and Tom Staalesen continue the upkeep of portions of the 95-acre site, but it's a big job for two people. Tim and Tom provide an annual spring cleaning of the front and back of garden homes that includes mulching and weeding. Residents who prefer to do their own cleanup and mulching can order mulch to be delivered by calling the maintenance office and placing a request.

Fall cleanup by the grounds team includes removal of twigs, leaves, and general garden debris, but not weeding or mulching.

Plants located in residents' garden beds are not the responsibility of the grounds team. Those who need help planting, pruning, or removing plants in their personal gardens, or who want additional weeding performed throughout the year, will be billed by Broadmead for those services. Residents also can hire outside gardeners for those duties.

Another big change on campus has been the switch

in landscapers from BrightView to Ruppert Landscape and Acer Landscaping and Nursery. In addition to standard mowing, weeding, pruning, and mulching in the common areas, a horticulture consultant comes to Broadmead once a week to meet with residents who have questions about their personal landscape needs. Meetings can be requested through the maintenance office. Roger Michel of H cluster talked with two men from Ruppert about his concerns when weeds overtook the common area between his backyard and the parking lot. "They really seemed to care about what I was asking for," he said. "We had a long conversation, and I felt comfortable talking with them."

Plantings around the York and Upland buildings, in the grassy area at the center of each cluster, at the entrances to the campus, and in front of community buildings are all the responsibility of Broadmead. Those plantings will be removed only if they are dead, diseased, or require a different space to thrive based on sun and water. A recent example is the replanting in the Stony Run parking lot circle. The plants that had been there for the past two years were not meant to be in full sun. After consulting with the buildings and grounds committee, a resident with horticultural experience selected and ordered sun-loving alternatives that were planted in late May. These plants are also deer resistant and natives which should do well in that location. Joyce Malone believes that the partnership with the new landscaping vendors and the collaboration between our building and grounds

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Banner photo by Erroll Hay.

What to expect from the grounds team

(continued from page 1)

committee members and our resident horticultural enthusiasts will be a prescription for success and will result in a beautiful community no matter the season. “We always welcome feedback and guidance,” Joyce said. Questions and comments may be sent to Joyce or Jesse Russell, by email or by phone.

TECH TIP: Write Your Memoirs

By Don Killgallon

Storyworth provides an easy and enjoyable way to share your memories, both online and in a published, hardbound book with photographs. For help getting started, go online: <https://welcome.storyworth.com>. You'll be glad you did. So will your family.

Health Care Lecture “End-of-Life Doula”

A New (Old) Approach to Preparing for Death and Care for the Dying

Rev. Joanne Tetrault
Spiritual Care & Volunteer Coordinator

Monday, June 19, 2023
3:30–4:30 p.m.
Auditorium

First Monday Book Group

Mondays, 10:30 a.m., Fireplace Room

July 3: No meeting

Aug 7: *Don't Count Me Out*,
Rafael Alvarez

Contact Elsa Collins for information

ICJS water justice programs continue in the summer

By Gwen Marable

In an effort to encourage awareness, education, and conversation about the diversity of religious traditions, and to reinforce commonalities underlying the human experience within these traditions, Broadmead's Office of Diversity, Equity and Inclusion (DEI) and Spiritual Care are jointly hosting an in-person series fostering inter-religious dialogue.

“These gatherings, which will be facilitated by the Institute for Islamic, Christian, and Jewish Studies (ICJS), give us a unique way to think more deeply about the life-giving element of water and to learn about the history, sacred language, and texts of these traditions,” said Joanne Tetrault, spiritual care and volunteer coordinator.

Following an introductory session in May, residents are invited to three additional sessions this summer to share and learn, in small group conversations, about the precious resource of water and concepts of water justice in three major world religions: Judaism, Christianity, and Islam.

Each session will include a brief video and small group discussions with guiding questions. Sessions are scheduled on three Thursdays: June 8 (Judaism), July 13 (Christianity), and August 10 (Islam), from 3:00 to 4:30 p.m. in the auditorium. Participation in each session is limited to 30 people. Residents may join any or all of the sessions.

“Diversity is not only the things we can see, but also how we behave,” said Broadmead's Vice President of DEI, Amera Bilal, “This is an opportunity to learn more about how these faiths use and protect our natural resources. The conversation is global and also local and personal.”

Bridge

Intermediate and Beginner Bridge

Wednesdays, 1:30–3:00 p.m.
Fireplace Room

Call Marj Espenschade at 443-578-8351
to reserve your spot

Navigating Broadmead's gated entrance

By Alice Cherbonnier



Broadmead's two-sided, gated entrance is finally operational. The entry side, which has two gate bars, is open to the public seven days a week from 7 a.m.—7 p.m., after which the gate bars come down and entry is restricted. When that happens, the gate bars can be opened several ways:

- Broadmead residents, staff, and frequent campus visitors have bar codes affixed on their vehicles that should be recognized by the infrared reader to the right of the gates.
- If the reader does not respond to a vehicle's bar code, a driver who has a Broadmead resident badge can swipe it along the reader located below the call button on the speaker stand in the center island. That is, from the driver's side. The reader looks like those at the doors to the Community Center or to the Hillside Homes.
- Lacking a resident badge or bar code, a driver can push the call button on the speaker stand and await staff response to gain access.
- If there is no staff response, a driver can call Broadmead's main number for assistance (410-527-1900).

The entry gate is programmable so that it can be closed during different times of the day if needed, or if there is an emergency that might require lockdown of our community.

When entering the campus after the gates are closed, facilities services staff recommend that residents and staff have their badges with them in case the gate's infrared scanner does not respond to their vehicle's bar code sticker. "The infrared scanner is being replaced very soon with one that has a greater visual capacity to

see the bar code," said Joyce Malone, vice-president of facility services. "This should resolve any concerns that the scanner doesn't work when a vehicle with a bar code approaches."

The exit gate, with one long gate arm, is always closed because it is not programmable like the entry gate. Exiting vehicles must stop and wait for the sensor to activate before the gate will lift. A sticker is not needed to exit.



Swimming with the sharks

Retired bay pilot Bill Band will discuss "Swimming with the Sharks" at an open forum on June 23 at 7 p.m. in the auditorium. Band, who has been scuba diving for more than 50 years, will give a presentation on his experiences as an open water photographer of these predators in peril. Almost all of his encounters are in open water without the use of a cage. Approximately 100 million sharks a year are killed by fishermen, primarily for their fins. As Band will discuss, such slaughter is not sustainable to shark populations, which are important to the health of ocean ecosystems.

Broadmead artists exhibition honors Liz Jackson

By Jane Elkinton

In a spirit of appreciation and admiration, the Broadmead Artists exhibit gallery in the Wellness Center honors resident Liz Jackson for its inaugural show.

Liz had an art-filled career as an art educator, art department chair, and supervisor of student art teachers for six Maryland counties. When Liz moved to Broadmead in 2003, she began teaching an art fundamentals class for residents. Art 101 remained an offering for ten years under Liz's talented and generous guidance, and included a wide variety of media and topics. She also was helpful in starting up the Paint and Pastels class taught by another instructor.



Liz Jackson, photo by Kathleen Truelove

You will notice that the exhibit includes both two- and three-dimensional works; to quote another resident artist: "It seems she never met a medium she did not like." The exhibit was organized by residents Jane Elkinton and Jai Dixon, who offer the class Creative Arts as a continuation of the Art 101 spirit. A reception was held celebrating Liz Jackson and this lively new exhibition area on Tuesday, June 6 in the Wellness Lobby.

Vespers

Visiting clergy and musicians will lead an afternoon prayer.

Sunday, June 18, 4 p.m., Auditorium

All are welcome

This BRA-supported activity has no chair/co-chairs/committee. If you are interested in helping:

Contact Joanne Tetrault

443-578-8093 or

jtetrault@broadmead.org

Pride Month and Juneteenth celebrations at Broadmead

By Gwen Marable

June is a special month for celebrations among different cultures and groups. One of these is Pride Month, and Broadmead will be celebrating the LGBTQIA+ community and their contributions to culture and society. The theme of Baltimore Pride 2023 is "One Love, One Heart, One Pride." Many activities will be centered on the history of Pride celebrations, but also on the perseverance of spirit in the face of increasing hostility toward the community.

In celebration and solidarity, Broadmead will provide new Pride shirts for residents and team members. Broadmead also is proud to kick off its recertification of all team members in SAGECare, the foremost training module for the care of LGBTQIA+ older adults. SAGECare certification lets current and future residents know that they are welcome and will be cared for compassionately by Broadmead team members.

Also in June, the Broadmead community will celebrate Juneteenth, the most recently added United States federal holiday. Juneteenth commemorates the proclamation of freedom for enslaved people in Texas on June 19, 1865, two years after they were liberated by the Emancipation Proclamation. It has been celebrated since 1866.

Although there is now a Juneteenth flag, with colors of red, white, and blue, the African Liberation flag has long represented the resilience of Black people despite hardships and challenges. The colors of that flag are red, representing struggle and sacrifice; black, representing Black people; and green, representing the natural wealth of the continent of Africa.

The Office of Diversity, Equity and Inclusion (DEI) is hosting a community-wide celebration of Juneteenth for residents, team members, and community guests, on June 19, from 1 to 4 p.m. on the lower level of the Community Center. There will be Taharka Brothers ice cream, prizes, and other giveaways. Everyone is invited to attend.

The Dutch Clock

By Ann Hunter; photos by Tom Boytim



Hedda van den Beemt

Whose grandfather's clock was "too tall for the shelf" but could not stand on the floor?

Eric van den Beemt's. His grandfather, Hedda, bought a very tall wall clock in Dordrecht (the oldest city in Holland) in the early 1900s while visiting family in his native Netherlands. Hedda van den Beemt (1880 - 1925) was a violinist who emigrated in 1901 to take a position with the newly formed Philadelphia Orchestra, a position he held for the rest of his life. He was also codirector of the Philadelphia Conservatory of Music, conducted several regional orchestras, and was the music director of the Philadelphia Operatic Society. In 1904, Hedda was asked by Thomas Eakins, the eminent American painter, to sit for a portrait titled "Music."

Hedda's Dutch clock, built between 1820 and 1830, is a Frisian staartklok (tail clock) with features unique to Groningen, a city in the northeastern Netherlands. It is called a "burgemeesterklok" (mayor's clock) or "dubbelkapper," with a "Groningen hood," which made it taller for



Groningen town houses. A painted panel was placed above the arch and crowned with Biedermeier carved openwork.

Tail clocks evolved from smaller wall clocks as advances in clock movements required longer pendulums, which were encased in the tail for protection, and weights which hung nearly to the floor. The van den Beemt clock has a fairly small dial to allow room for a village scene in which, when the clock strikes, a windmill turns and a procession of animals goes in and out of the castle.



It is little wonder that Eric's grandfather was compelled to buy this impressive and enchanting clock. It requires a high ceiling and, unfortunately, for many years it languished in a basement. When Eric bought his Monkton house, he had it restored and hung properly. At Broadmead, it has a place of honor in the van den Beemts' den, which fortuitously has a cathedral ceiling.

Mystery Book Group

Desert Star by Michael Connelly

Bring your ideas to the first meeting

Monday, June 19, 1 p.m.
Upland Community Room

Contact Craig Smith for information

The original Baltimore oriole

By Debbie Terry

This stunning, flame-orange-and-black bird is said to have received its name from the colors in the 17th century Lord Baltimore's coat of arms.

The oriole was named Maryland's state bird in 1947, and provides both the name and colors for Baltimore's Major League Baseball team.

Baltimore orioles are seen in Maryland from late April until early October. Their nests are distinctive deep pouches. To make them, the birds weave bark strips and other tough plant fibers together. The edge of the nest is woven over the tip of an outer branch in a tree that's usually 20 - 60 feet in height. Orioles will nest in trees in open woods or in trees along open floodplains.

Today, Baltimore orioles and their nests can be found in trees along the Minebank Stream at Cromwell Valley Park in Baltimore County. In recent years, Baltimore orioles have been seen gleaning insects from trees on the edge of Broadmead's meadows and Western Run, but no nesting birds have been found. With more trail walkers, it would be great if someone could spot a Baltimore oriole's nest on Broadmead property. What a find that would be! Walkers, be on the lookout for the beautiful orange-and-black-feathered bird or its distinctive nest.



Male Baltimore oriole with food at nest. Photo by Linda Lewis.

Croquet in Cluster D

Photos by Mary Ellen McMillin



From left, Cluster D residents Walter Burnett, Ann Hunter, Chuck Angell, and Bill Hunter



Bill and Ann Hunter compete on May 29



Residents attended an April 26 Red Sox – Orioles game. The Orioles won, 6 – 2, to David Gilbert's chagrin.

April Barn Sale Successful

By Pat van den Beemt

At Broadmead's recent Barn Sale, many hands truly did make light work – and so did many strong backs hauling furniture, many arms carrying bins of linens and housewares, and many feet standing for hours behind tables filled with goods. The two-day sale in late April not only raised funds for the Broadmead Residents Association (BRA), it also raised spirits.

"The barn sale really helps build a sense of community, plus it's a lot of fun," said Stan Wilson, who chairs the Greater Barn Sale Committee. "We're back in business and contributing to the BRA at pre-COVID levels."

Stan thanked a long list of volunteers who gave time and expertise to make the sale successful.

Barry French found himself in charge of setting up and taking down tables along with a good group of volunteers. In all, they set up 45 tables in the lower



Happy Barn Sale shopper Darlene Wolinski. Photo by Pat van den Beemt.

level and moved tables around in the library and the fireplace room. Barry's Fitbit tracked him walking more than six miles each day. The job was made a little easier after Broadmead bought twelve lightweight tables to replace old, heavy ones. Barry put the old tables on Craig's List and found homes for them all.

Tom Boytim, the furniture czar, could be found carrying the wicker chairs, desks, recliners, and lamps lining the lower level hallway to buyers' waiting cars. A lot of selling also took place in the Barn Sale room. Loretta Cunninghame sold enough clothes to fill several closets. Gardening supplies were a big hit in Judy Lorenz's "This and That"

section. Judy, who started working on the Barn Sale five years ago, said the best part is the enthusiasm of both volunteers and shoppers. She encourages new residents to get involved by talking with any of the department heads.

To increase donations to the Barn Sale, Broadmead created two guides. One is for new residents who are cleaning out their houses before moving here. The other is for the families of those who have vacated their residences.

Residents can bring their donations to the Barn Sale room each Thursday from 10 am-noon and 2- 4 pm.

"The most important thing about the Barn Sale is that it's not just a two-day event," said Lucy Wright, former Barn Sale chair who is in charge of the linens department. "It happens all year long, as people bring in their donations."

Greater Barn Sale revenue comes from: Old and New Shop profits; sales by appointment (mostly furniture); and the Barn Sales. During the two years before COVID closed down sales to the public, the Greater Barn Sale raised \$48,000 and \$52,000. And now, the new "Friends and Family" barn sales are once again filling up the BRA coffers. The estimate for fiscal year 2023's two Barn Sales, furniture sales, and ten months of Old and New sales is roughly \$45,000.



Exhausted Barn Sale executive Stan Wilson.

Arts Council adds two portraits to the Broadmead Collection

By Jackie Mintz

The Arts Council has acquired two new works for the Broadmead Collection. One is a large oil painting by Paul Moscatt. Titled *Marc DeSimone Playing the Mandolin*, it was acquired with funds from the Broadmead Art Fund.

Moscatt was professor of painting at the Maryland Institute College of Art (MICA) for over 30 years, starting in 1966. He is a well-regarded figure and portrait painter who has exhibited nationally, in local galleries, and in solo and group exhibitions. His work is characterized by vivid, intense colors and bold figures.

Marc DeSimone Playing the Mandolin is one of a series of paintings of different musicians by Moscatt, who himself plays the mandolin.

The painting hangs on the brick wall adjacent to the old elevator on the main floor.



The second painting, a watercolor portrait by Stacy Lund Levy, was received as a gift from resident Carolyn Murphy. Titled *Junius*, it will be part of the permanent Broadmead Collection. In Lund Levy's words, the subject of the portrait, Junius, is "an artist who drops in to visit my painting class occasionally. He has a very expressive face and he seems to exude happiness wherever he goes."

Lund Levy is primarily a watercolorist. After earning an undergraduate degree in biochemistry and a masters in medical and biological illustration, she worked as a medical illustrator. She then turned to full-time art and now teaches workshops and exhibits nationally and internationally. She is the daughter of resident Ray (Pete) Lund and the late Sandra Lund.



BROADMEAD MOVIES

Saturdays, 7 p.m., Auditorium

June 17: Puzzle

Agnes, a suburban mother, discovers her talent for solving jigsaw puzzles. Robert, a former puzzle tournament champion, is looking for a new partner. With Kelly Macdonald, Irrfan Khan ("The Lunchbox").

2018 Drama R 1 hr 43 min

June 24: Hunt for the Wilderpeople

Sam Neill and Julian Dennison play "Uncle" Hector and Ricky Baker, a father figure and a rebellious foster son who become the targets of a manhunt after fleeing into the New Zealand bush. Directed by Taika Waititi.

2016 Comedy PG-13 1 hr 41 min

July 1: 80 for Brady

Four lifelong friends set out on a journey to see their hero Tom Brady play in Super Bowl LI. With Lily Tomlin, Jane Fonda, Rita Moreno, Sally Field

2023 Comedy PG-13 1 hr 38 min

July 8: Pride

A true story about the Welsh miners' strike in 1984-1985, when a group of gays and lesbians raised money to support the miners' families. With Bill Nighy, Imelda Staunton, Dominic West.

2014 Drama R 2 hr 0 min

July 15: The Quiet Girl

Nine-year-old Cait, living in an impoverished, dysfunctional family, experiences a loving home for the first time when she spends the summer on a farm with distant relatives. Filmed in County Meath, Ireland. In Gaelige with subtitles.

2016 Comedy PG-13 1 hr 41 min

July 22: Stan and Ollie

With their glory days long behind them, Stan Laurel and Oliver Hardy begin a 1953 farewell tour of England. With Steve Coogan, John C. Reilly, Nina Arianda, Shirley Henderson.

2023 Comedy PG-13 1 hr 38 min

July 29: We Have a Pope

A reluctant pope-elect is pressured by the College of Cardinals. A psychiatrist is brought in. With Michel Piccoli, Nanni Moretti (who also directed). In Italian with subtitles.

2011 Comedy/Drama NR 1 hr 41 min



Broadmead Welcomes

Lynn Munch, B-8, 410-370-2950,
lynnmunch@gmail.com, April 2023



A native of Baltimore City, Lynn grew up in the Hampden neighborhood. After graduating from Mergenthaler High School in Northeast Baltimore, she attended the University of Maryland at Baltimore.

Lynn's first job was as a model, perhaps the first Broadmead resident to have been one? Her assignments were in DC and Baltimore. She was a runway model who did photo shoots and promotions. After that, Lynn settled into sales. She was a marketing representative for Coca Cola, selling mostly to restaurants. She also worked in sales for Honeywell. For the past 25 years, Lynn has been an insurance salesperson specializing in disability and life insurance, and in annuities. Her primary clients were city, state and federal employees.

She has two children: Jeffrey, who lives in Sparks, and Heather, a resident of Towson. Jeffrey is the general manager of the insurance agency where his mother works. Heather is a massage therapist whose practice is so successful that, Lynn jokes, she has to call a month in advance to get an appointment!

Lynn moved to Broadmead from Rodgers Forge, where she had lived for 32 years. She looked at five other retirement communities before choosing Broadmead, which she likes for its cottage style and the fact that there are no stairs.

Lynn has a black and white cat named Little Girl. Aside from her family, her main interest is gardening, and she will be looking into reserving a garden plot.

Text and photo by Jackie Mint

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Let's Sing

A community sing-along
Jonathan Jensen, BSO, on the piano

Wednesday, June 14

7 p.m., Auditorium

Let's Sing is for everyone!

Broadmead Welcomes *(continued)*

George Spanos, L-3, 443-578-8300
April 2023

Unlike his wife, Sandra, who has a classic Baltimore background, George Spanos grew up in Manchester, New Hampshire, where his Greek-American family settled. He left home to attend Boston University, graduating with a degree in finance. He then spent two years in the U.S. Navy, stationed aboard the aircraft carrier Coral Sea.



While working his first job at the National Bank of Boston, George heard about an attractive opportunity at J. Schoeneman, Inc., a Baltimore-based menswear manufacturing company. He ended up working there for over 30 years, becoming vice president for credit and finance. When the company closed, George switched to other business interests.

After moving to Baltimore for work, entrepreneurial and outgoing George became president of a Baltimore singles club, through which he met his wife at a ski club outing. He was dating someone else at the time, but got Sandra's phone number and called her the next day. The rest is history: they have been married for 51 years.

"We saved our money to travel," George said. The couple's last trip took them 18 days by bus from Paris to Rome, Austria, and Amsterdam.

The couple have a son, Jason, with whom they've enjoyed "a wonderful relationship," according to George. Jason helped his parents move into their Broadmead cottage, setting up their stereo system and hanging their many pictures. They also have three grandchildren and a great-granddaughter.

George has been active in the Greek Orthodox Cathedral of the Annunciation. Now that he's at Broadmead, he's enjoying the opportunities to socialize. One of his favorite relaxations is enjoying the sweeping view of nature from the couple's patio enclosure.

Around the campus, George will be easily recognizable as the handsome man with an enviable full head of wavy white hair.

Sandra Spanos, L-3, 443-578-8300
ssspanos@verizon.net, April 2023

Sandra Spanos and her husband, George, moved to Broadmead on April 12, coming from their home of 45 years, an English Tudor style they built in Sagamore Forest in Reisterstown.

Sandra, a lifelong Baltimorean, has always loved cooking. This may have been a hereditary inclination, as her Uncle Joe, "who was like a father to me," ran Sabatino's restaurant in Little Italy. She's made food and travel her life's work.

"I started by teaching cooking in continuing education courses," she said, "and then went into catering." Her company, Culinary Delights, catered for up to 300 people.

"All of my friends worked for me," Sandra said. "We enjoyed our clients, and they enjoyed us."

This venture led to another, Sandy's Tours, which took trips to New York, Washington, and Philadelphia. Ever an entrepreneur, Sandra also freelanced as a department store merchandiser. In retirement, she still works for Superior Bus Tours, most recently leading a group to the Philadelphia Flower Show.



Sandra volunteered with the Baltimore Opera for many years and still gets together with friends she met there. She enjoys attending performances by Maryland Opera and Opera Baltimore.

A graduate of Eastern High School, where she was president of her sorority, Sandra also studied at Catonsville Community College. She supplemented her formal education with book clubs and—especially after their son, Jason, was grown—world travel. She and George went to Europe twice a year for 20 years. Each time, after much research, they chose two or three locations as hubs for exploring via rental car.

"My favorite country is Italy," Sandra said. "There's so much history, and because of all the wonderful fresh foods."

A kidney transplant survivor for 17 years, Sandra's motto is, "Hope for the best and do the best with whatever you can." Voice readers will recognize Sandra instantly as the vivacious woman who wears a variety of hats for every occasion—and a ready smile.

Text and Photo by Alice Cherbonnier

*Text and photo by Alice Cherbonnier
(continued on page 11)*

Broadmead Welcomes *(continued)*

Cindy Sugatt, R-13, 443-578-8261,
csugatt@yahoo.com, May 2023

Cindy's favorite memory of growing up in the Park Slope neighborhood of Brooklyn, NY, is gathering on the flat tarred roofs, known as "tar beaches," in the evenings to socialize with other families and catch a breeze. She also loved having the fire hydrants turned on so that she and other children could cool off.

When her mother was hired by the Department of the Navy, Cindy and her family moved to the Washington, D.C. area. There, she had the special experience of being a student intern in Robert Kennedy's Justice Department when it was investigating voting rights injustices. It was her volunteer experience at St. Elizabeth's Hospital at 15, however, that pointed the way to her future profession. Cindy graduated from Virginia Commonwealth University with a bachelor's degree in psychology. For three years, in Southwest Washington, Cindy taught emotionally disturbed children, aged 8 to 16, in one classroom. Later, while teaching in Baltimore, Cindy decided to become a counselor. She earned her master's degree in counseling at Loyola University and was hired as a counselor at Cockeysville Junior/Senior High School, where she met her husband, Pete. While teaching in Baltimore County, she pursued doctoral work at the University of Maryland.

When Cindy retired, she and Pete bought a farm in Hydes, MD, where they had a herd of fainting goats and a guard llama. Since Cindy and Pete's daughter and her children live in nearby Fallston, the couple have been active participants in their grandchildren's lives. Cindy and Pete chose to move to Broadmead because they knew several people who live here, and its lovely country setting is the next best thing to the farm. Accompanying them to Broadmead are Oliver, a black and white Chinese crested dog, and Isabelle, a grey and white cat. Isabelle is shy and likes to hide in the linen closet, but Oliver is enjoying meeting new friends at the dog park.

Text and photo by Ann Hunter



Pete Sugatt, R-13, 443-578-8261
psugatt@yahoo.com, May 2023

Born in Salem, MA, Pete Sugatt moved with his family to Rhinebeck, NY, where he experienced the "good life" in a quintessentially American town. A Little Leaguer and Yankees fan, he began taking the bus to the city to see the Yankees when he was 12 or 13. He wanted to be an "independent traveler."

Pete received a bachelor's degree from Johns Hopkins University in political science, a major he chose with an eye on the State Department. He did graduate work at Georgetown University and then returned to Baltimore, where he began his teaching career. While teaching history at Cockeysville Junior/Senior High School, he met his wife Cindy, who was the school counselor.

In the late 1980s, when Pete was teaching at Perry Hall High School, he was able to realize a dream that combined his interests in international relations and travel. Encouraged by Cindy, and working with a high school principal in Kiev, Ukraine, he started an international exchange program between Baltimore County and the Soviet Union. It became the largest



non-government-sponsored public school exchange program in the country. Pete traveled to Ukraine each of the ten years the program operated. Cindy was able to accompany him on four of those trips, and the couple has maintained friendships with some of the exchange students and faculty they met. Starting this program was a life-changing experience for Pete, who wanted to make a difference at a pivotal time in history.

When he was a kid, Pete wanted to be a motor coach operator, so that's what he did during his summer vacations from teaching. When he retired, he drove Gunther charter buses, and, for six years, he was a relief driver of the C-SPAN educational bus, which traveled all over the country explaining the work of C-SPAN. In this way, he continued combining his interests in political science and traveling.

Text and photo by Ann Hunter

Summer internship program begins second year

By Jackie Mintz

Broadmead's summer internship program is up and running for a second year. Seeds for the program were planted in 2021 by Cluster C residents who wanted to attract a more diverse pool of candidates for administrative positions at Broadmead and elsewhere in the rapidly growing field of aging services. To help achieve this goal, residents provided financial support that underwrote two summer internships at Broadmead. The 10-week program is open to both college and graduate students.

Both of last year's interns were offered employment at Broadmead. Dominique Givens accepted a job as a personal assistant with Friends Connect and is still in that position. Daniel Sebulime accepted a temporary job as a health information management specialist for dining services. He has completed the assignment and is no longer employed at Broadmead.

The program is managed by Broadmead's office of diversity, equity, and inclusion, in cooperation with other departments. After a successful first year, the internship program acquired additional sponsors: the Friends Service Alliance (FSA) and LeadingAge. FSA contributes funds toward the stipend, and LeadingAge provides professional development, training, and networking opportunities throughout the program.

As of June 1, the program has accepted one intern and expects to add a second. The intern, Sonya O'Neal, is studying social work at the University of Phoenix. During her internship program, which started on June 1, Sonya will work with Director of Social Work Teresa Geroulo. Sonya is also a nurse and currently works in skilled nursing at Broadmead.

Visit to Star Bright Farm planned



On Sunday, July 16, Broadmead residents are invited to visit Star Bright Farm in White Hall, as guests of the Historical Society of Baltimore County. According to Star Bright's website, the "farm is a 130 acre organic farm, with weathered wood and stone structures, ponds, fields and timber . . . where the beauty of nature and the force of the elements are on full display." This is an opportunity to see a twenty first century farm, learn about farm sustainability, and smell lavender and herbs while enjoying the Baltimore County countryside and discovering a new farm market.

Attendance is free, but numbers are limited. For information and reservations, contact Gene Swackhamer, 443-564-8552 or email GGSWACK@CS.COM

Moving Around Broadmead

	From	To
Lydia Clement	C-13	T-315
Bud Nixon	E-10	T-317
Isaac Rehert	B-18	T-312
Pat Sobkowicz	R-7	T-308
Alexandra Doumani	Q-3	P-10

Socrates Café

"The Freedom of Being Nobody"

Short video and discussion:

***"In my uniqueness,
who do I say I am?"***

Tuesday, May 20, 10:30–11:45 a.m.
Auditorium

Sponsored by the
Towson Unitarian Universalist Church

Open to all

The Havanese are here

By Kathleen Truelove, photo by Tom Boytim

Tom and Brenda Boytim first saw a Havanese at Bethany Beach and were charmed. They did some research on the breed and learned that Havanese are friendly and like people, so they acquired Zelda as a puppy.

Soon after Zelda died, at the age of 11, Tom went online to find a breeder. He and Brenda had realized that Zelda likely was from a puppy mill, so they searched for a reputable breeder, whom they found in Anderson, SC. After a lengthy interview, they were approved and picked up puppy Tulip. She arrived at her new home at Upland 106 and took over.

However, Tulip was lonely, and pointed out to Tom and Brenda that her neighbors down the hall are a pair of poodles. Fortuitously, the Boytims received a call from the breeder saying that Tulip's nephew, Toby, had elected not to be a show dog and was available to be a pet. Tom and Brenda jumped in their car and raced to South Carolina to get Toby.



He and his aunt bonded immediately. Tulip showed Toby how to handle an elevator and other peculiarities of apartment living. Both dogs love to hike, play with each other, especially early in the day, and, of course, get treats. Although both are black and white, you can tell them apart because Toby is larger than Tulip.

Quaker Meeting at Broadmead

Sundays, 10:30–11:15 a.m.
Fireplace Room

All residents are invited



At an Open Forum in May, the speaker was Greek Orthodox priest Father Anastasios Bournatos, accompanied here by Deacon John. They are flanked, from left, by Gabriella Youngblood, Josepha Carraher, Robert Youngblood, Bobbie Cook, Gay Block, and Ralph Cook.

Resident Email Lists

To join the Broadmead Resident email list:

Send an email to:
brabroadmead@gmail.com

To join the BRA Business email list:

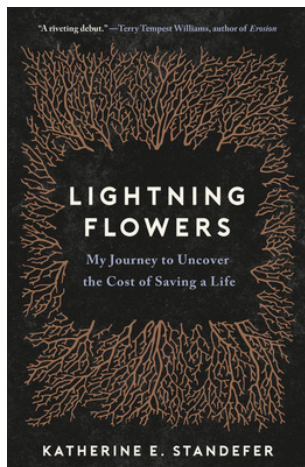
Send an email to:
joen1234@comcast.net

(Do this also if you change your email address)



Relaxing along Western Run on Trail Day, May 18, are Ana Maria Colwill, Nancy Klueh, and Lon Hou. Standing guard behind them is Pete Sugatt. Photo by Phyllis Hoyer.

Broadmead residents' suggestions for summer reading



“My wild, wild book.” That’s how Katherine Standefer describes *Lightning Flowers: My Journey to Uncover the Cost of Saving a Life*. Her book is wild, as is her life. Living in the West, she skis, rock-climbs, and hikes and camps in remote wilderness areas.

In her twenties, the author was diagnosed with a congenital conduction disorder in the heart that predisposes her to ventricular fibrillation and sudden death. Her condition was treated with an implantable defibrillator, a device that senses abnormal heart rhythms and administers a shock to (hopefully) convert the heart back to its normal rhythm. After her first shock, Ms. Standefer realized that the defibrillator saved her life.

The book’s title refers to the thin, branched burns that uncoil from the heads and necks of lightning-strike victims. The author wonders if these “lightning flowers” bloomed inside her tissues after her shocks. She learned that defibrillators are made from rare metals that are mined in Africa, sometimes by children, and always in ways that destroy jungles, while making the earth toxic. She wondered if the benefits were worth the costs. The book describes her investigations on trips to Africa to see mining activities, to learn how defibrillators are made, and to explore the complexities of the American healthcare system.

The book also shows the frightening reality of life for those who do not have health care insurance. For me, this exposure was much more educational than the environmental issues. I found myself wondering, “Is it more ethical to spend health care dollars on the last phase of life or the earliest phases? Should we be spending money to replace joints or assure immunizations?” This book will intrigue anyone interested in health care and its social consequences. It has been donated to the Broadmead library.

Bill Hakkarinen

New Arrivals

Lynn Munch
April 29, B-8
410-370-2950

Emil and Susan Elinsky
May 31, P-8
443-578-8668

Carol Knepley
May 31, M-6
410-978-2687

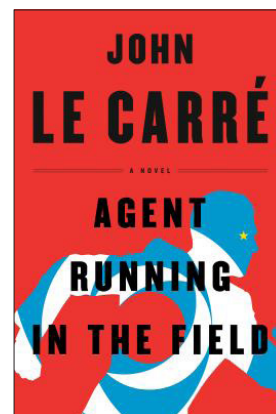
Marion Baker
June 29, N-9
828-527-3609

John Backer
June, Q-3
443-578-8354

Jo Krause
TBD, P-3
443-578-8386

Agent Running in the Field is John le Carré’s twenty-sixth novel, published in 2019, when he was 91. The protagonists are Nat, a 47-year-old veteran of Great Britain’s Secret Intelligence Service, and a young man named Ed, whom he meets at his badminton club in Battersea. Little does Nat know that his love of badminton and playing with this new partner will bring him back into the world of intelligence.

Ed is passionate about badminton and joins the Athleticus Club solely for the purpose of finding a badminton partner. As their weekly games progress, Ed, vague about his background and current employment, becomes vocal about world politics — at least his version of politics, in which he condemns Brexit and the governments of Putin and Trump. Nat, thinking his days at Intelligence were over, finds



(continued on page 15)

(continued from page 14)

himself called back to temporary service, immersed in managing a ragtag group of spies in London. Nat and Ed's paths converge after it appears that Ed has been talking to some adversaries of British Intelligence, and Nat comes under the spotlight of his superiors. Are they both working against British interests? Is Ed a very clever spy? Was Nat duped? As only he can, le Carré twists and turns through the world of intelligence, spies, and their masters to expose the deceivers. This page-turner is in the Broadmead Library.

Sidney M. Levy

Project Hail Mary is the latest book by Andy Weir,



who also wrote *The Martian*. This is the best science fiction book I have read in years. It's about a middle school science teacher who saves Earth and another inhabited planet about 10 light years away. Far from home, he meets and makes friends with a spider-like alien. The space walks reminded me of those described by Scott Kelly in *Endurance*.

If you know the velocity of light, you will enjoy reading this book.

Stant Collins

In Memoriam

Marjorie Appleby

November 25, 1922 – April 13, 2023

Ann Yellott

March 16, 1929 – May 3, 2023

Gretchen Marcus

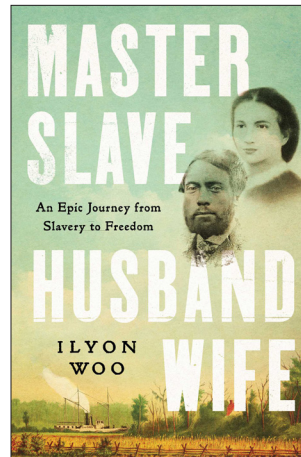
June 4, 1938 – May 19, 2023

Rose Hijikata

March 31, 1925 – May 28, 2023

Florence Shorofsky

August 1, 1929 – June 3, 2023



Master Slave Husband Wife: From Slavery to Freedom, by Ilyon Woo, is a gripping tale of two slaves who escaped to the North from slavery in Georgia in 1848. It is a true story, thoroughly researched and annotated by the author, and a prime example of "truth is stranger than fiction."

What amazed me, beyond

the facts of the amazing escape, was the situation in Boston from 1848-50, which involved violent riots between pro-slavery and abolitionist citizens. I had not learned of these happenings in school nor of the major players, especially the black men and women who were involved. I also had never realized the scope and terrible effects of the Fugitive Slave Act. The events happen a decade before the Civil War and are a part of our history that is important to know.

Nancy-Bets Hay

Music Committee

**Michael Dennison, bass
vocalist**

An evening of musical memories

Wednesday, June 21,
7 p.m., Auditorium

**Seth Kibel Trio
Featuring vocalist
Maci Miller**

A program of upbeat jazz, classic swing, and a taste of Jewish klezmer music

Sunday, June 25,
3 p.m., Auditorium



Wild comfrey on Stroll to the Bottom Trail. Photo by Marsha Howes



A spring view of "Lake Maybe." Photo by Nancy-Bets Hay.

Voice of the Residents

Vol. 44, No. 10 June 2023

**Published September through June by
the Broadmead Residents Association
President: Jack Griffith**

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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *The Voice* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems. Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the fourth Wednesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Kathleen Truelove, by email: kathleentruelove1@gmail.com. Only electronic files are accepted. All copy is subject to editing, including for length. The deadline for writers is the 15th of the month prior to the issue in which an article is to appear. Publicity for upcoming events is preferred to recaps of events already held.